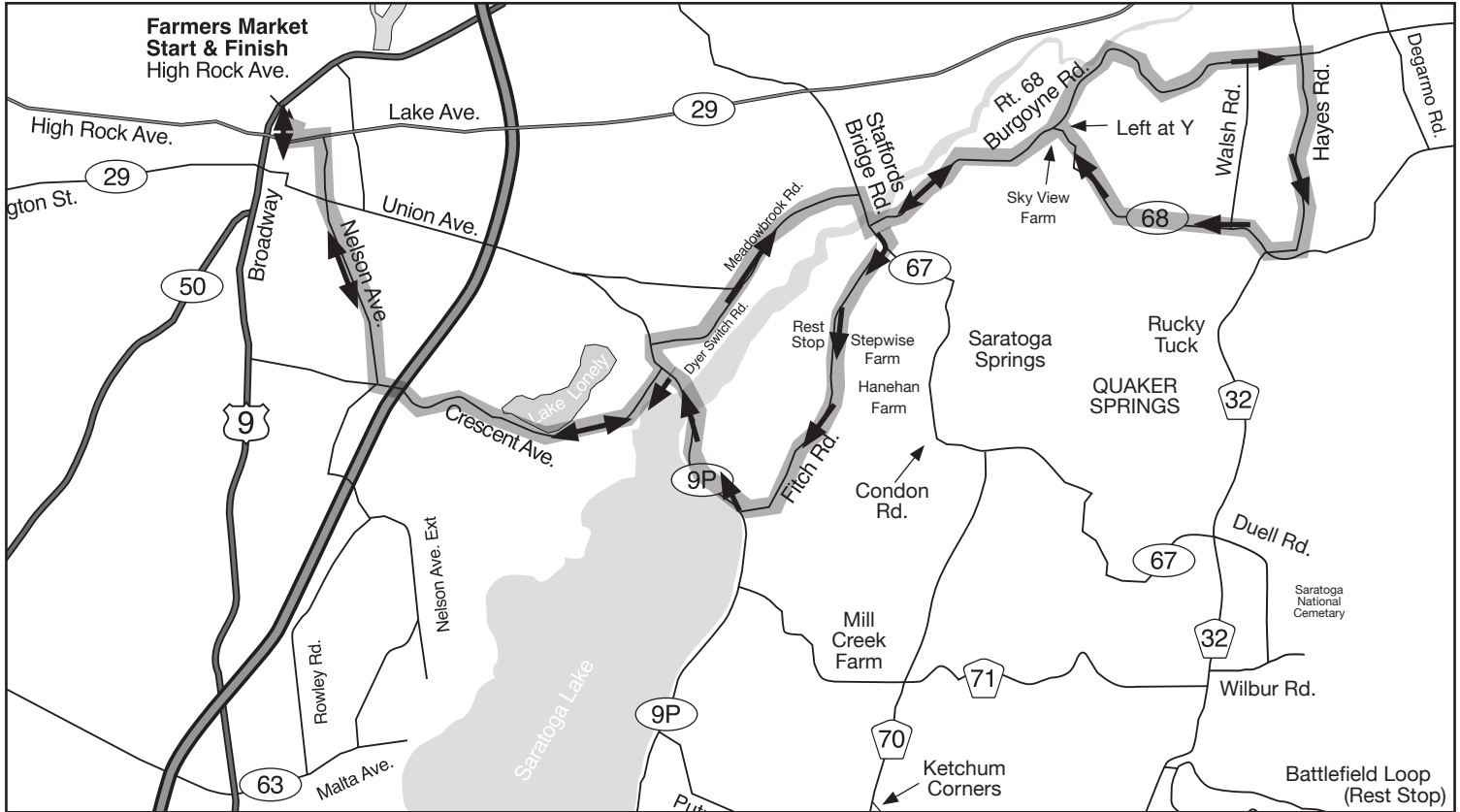


# FOLLOW ORANGE SIGNAGE

Team Billy Ride and Walk for Research

25 Mile Route • 8:30 am Start



## DIRECTIONS

Mileage	Turn	Onto	Mileage	Turn	Onto
0	Start	High Rock Ave.	13.5	Right	Rt. 68
0.2	Left	Lake Ave			(Major intersection of rts. 32 & 68)
0.5	Right	Nelson Ave. (traffic light)	15.6	BL	Stay on Rt. 68,
1.0	Straight	Across Union Ave. (traffic light)			merges with Burgoyne Rd.
2.4	Left	Crescent Ave. (stop sign)	17.3	Left	Rt. 67, Staffords Bridge Rd.
5.0	Left	Union Ave. (T stop sign)	17.5	Right	Fitch Rd. (Rest Stop)
5.1	Right	Dyer Switch Rd.	19.7	BR	Fitch Rd.
6.0	Right	Meadowbrook Rd (T stop sign)	19.9	Right	Rt. 9P
7.3	Right	Staffords Bridge Rd. (T stop sign)	21.2	Left	Crescent Ave. (Light)
		Across Fish Creek Bridge	23.9	Right	Nelson Ave. (4 way stop)
7.5	Left	Rt. 68/Burgoyne Rd.	25.2	Straight	Across Union Ave. (light)
9.2	Left	Burgoyne Rd. (at the Y) SLOW	25.8	Left	Lake Ave. (traffic light)
11.7	Right	Hayes Rd. (4 way stop)	26.1	Right	High Rock Ave.
13.2	Right	Rt. 32 (stop sign)	26.3		Finish (pavilion)

BL - Bear Left at Y. BR - Bear Right at Y.

Riders must wear helmets at all times. There is a SAG wagon following each ride with full support for you if you get tired.

Obey all traffic rules, this is not a closed course. **EMERGENCY - Call 911 or 518-813-0449, Cherie**